



25 Ways to Show Kids you Care by Building Assets

1. Notice them.
2. Ask them about themselves.
3. Be yourself.
4. Cheer their accomplishments.
5. Go places together.
6. Introduce them to new experiences.
7. Expect their best; don't expect perfection.
8. Catch them doing something right.
9. Laugh at their jokes.
10. Suggest better behavior when act out.
11. Hug them.
12. Be curious with them.
13. Play outside together.
14. Delight in their discoveries.
15. Be available.
16. Create a safe, open environment.
17. Daydream with them.
18. Make decisions together.
19. Magnify their magnificence.
20. Build something together.
21. Let them make mistakes.
22. Inspire their creativity.
23. Invite them over for juice.
24. Listen to their favorite music with them
25. Love them, no matter what.

Community Asset Builder Recognition Award Nomination Form

Please take a moment to nominate WellSpring's next business or individual asset builder of the month. Please review the attached information regarding the Search Institute 40 Developmental Assets and the eight asset categories. Awards will be given for each of these categories. All Asset builder award winners will be featured in future WellSpring newsletters and will also receive recognition at the monthly meeting. Thank you for taking a moment to recognize the good work being done in our community!

Person Completing Nomination: _____

Mailing Address: _____

Phone: _____ **Email:** _____

The person/business I am nominating is: _____

Phone: _____ **Email:** _____

After reviewing the attached information regarding the Search Institute 40 Developmental Assets and the eight asset categories. Please tell us why you think your nominee is deserving of an asset builder award. Please include which asset or assets you think they help develop (either directly or indirectly).

**PLEASE SUBMIT ASSET BUILDER NOMINATIONS TO
WELLSPING:**

Mail to : PO Box
Long Beach, WA 98631 2

Email: admin@wellspringpacific.com

Or Online at:

Questions?
Call Katie at 642-9349 or
Monica at 360-783-1090

40 Developmental Assets® for Adolescents (ages 12-18)

Search Institute® has identified the following building blocks of healthy development—known as **Developmental Assets®**—that help young people grow up healthy, caring, and responsible.



External Assets	Support	<ol style="list-style-type: none"> 1. Family support—Family life provides high levels of love and support. 2. Positive family communication—Young person and her or his parent(s) communicate positively, and young person is willing to seek advice and counsel from parents. 3. Other adult relationships—Young person receives support from three or more nonparent adults. 4. Caring neighborhood—Young person experiences caring neighbors. 5. Caring school climate—School provides a caring, encouraging environment. 6. Parent involvement in schooling—Parent(s) are actively involved in helping young person succeed in school. 			
	Empowerment	<ol style="list-style-type: none"> 7. Community values youth—Young person perceives that adults in the community value youth. 8. Youth as resources—Young people are given useful roles in the community. 9. Service to others—Young person serves in the community one hour or more per week. 10. Safety—Young person feels safe at home, school, and in the neighborhood. 			
	Boundaries & Expectations	<ol style="list-style-type: none"> 11. Family boundaries—Family has clear rules and consequences and monitors the young person's whereabouts. 12. School boundaries—School provides clear rules and consequences. 13. Neighborhood boundaries—Neighbors take responsibility for monitoring young people's behavior. 14. Adult role models—Parent(s) and other adults model positive, responsible behavior. 15. Positive peer influence—Young person's best friends model responsible behavior. 16. High expectations—Both parent(s) and teachers encourage the young person to do well. 			
		Constructive Use of Time	<ol style="list-style-type: none"> 17. Creative activities—Young person spends three or more hours per week in lessons or practice in music, theater, or other arts. 18. Youth programs—Young person spends three or more hours per week in sports, clubs, or organizations at school and/or in the community. 19. Religious community—Young person spends one or more hours per week in activities in a religious institution. 20. Time at home—Young person is out with friends "with nothing special to do" two or fewer nights per week. 		
			Commitment to Learning	<ol style="list-style-type: none"> 21. Achievement Motivation—Young person is motivated to do well in school. 22. School Engagement—Young person is actively engaged in learning. 23. Homework—Young person reports doing at least one hour of homework every school day. 24. Bonding to school—Young person cares about her or his school. 25. Reading for Pleasure—Young person reads for pleasure three or more hours per week. 	
				Positive Values	<ol style="list-style-type: none"> 26. Caring—Young person places high value on helping other people. 27. Equality and social justice—Young person places high value on promoting equality and reducing hunger and poverty. 28. Integrity—Young person acts on convictions and stands up for her or his beliefs. 29. Honesty—Young person "tells the truth even when it is not easy." 30. Responsibility—Young person accepts and takes personal responsibility. 31. Restraint—Young person believes it is important not to be sexually active or to use alcohol or other drugs.
					Social Competencies
		Positive Identity			